

## T.P.H.S. SWIMMING 2020

### TEAM POLICIES

1. All swimmers must attend practice regularly.
2. Any swimmer who misses more than 4 practices will be subject to dismissal from the team.
3. Swimmers who swim for club teams must practice with the high school team at least once a week.
4. In order to achieve a varsity letter or a certificate of participation student/athletes must attend all competitions and finish the season in good academic standing.

#### Code of Conduct:

1. **RESPECT**; for oneself, your teammates, opponents, volunteers, and coaching staff.
2. Communication; inability to attend any practice, meet or team function must be brought to the attention of the coaching staff in **WRITING**.
3. Disruptive or disrespectful behavior will **NOT** be tolerated.
4. All student-athletes are required to ride on the team buses to and from away meets.
5. Any violation of the regulations mentioned above may lead to the **suspension or expulsion of the offending student/athlete.**

Name: \_\_\_\_\_

Sign: \_\_\_\_\_

Date: \_\_\_\_\_